Date From Days Calculator

Add or subtract a whole number of calendar days, including month boundaries and leap days. A negative day count moves backward; zero deliberately returns the start date.

Formula: result date = start date + integer calendar days

INPUTS AND EXAMPLE VALUES

Start date: 2026-01-01

Days to add (negative to subtract): 30

CHECK THE DEFAULT EXAMPLE

Result date: 2026-01-31

LIMITS AND CONVENTIONS

Use whole days; time-of-day and local working-day rules are outside the calculation.

The offset is limited to 366,000 days.

Calendar-date inputs and calculated calendar dates must stay within years 0001-9999.

METHOD AND SOURCES

https://azhanmh.com/guides/tools/date-from-days-calculator

MDN - Date.UTC and calendar-date construction: https://developer.mozilla.org/en-US/docs/Web/JavaScript/Reference/Global_Objects/Date/UTC

Display precision is for reporting; keep unrounded values for later calculations. Verify units and conventions. This reference does not replace institution, employer or network rules.